

Children and Young People's Health and Wellbeing Commissioning Group

A meeting of Children and Young People's Health and Wellbeing Commissioning Group held on Wednesday 16th December 2013.

Present: Peter Kelly (Chairman) and

Sarah Bowman, Lynda Brown, Cllr Ann McCoy, Emma Thomas, Ian Coates, Dr Paul Williams and Hilary Hall.

Officers: Peter Bell (LD).

In attendance: Louise Okello.

Apologies for absence were submitted on behalf of Shaun McLurg, Simon Willson.

CHW 46/13 Declarations of Interest

There were no declarations of interest

CHW 47/13 Overweight and Obesity Review 2013 - 2014

Consideration was given to a report that provided the group with an overview of the process to be undertaken regarding review of services that were commissioned by the Local Authority to prevent and provide early intervention regarding overweight and obesity. It also provided a summary of the steps to be taken to consult with the public and stakeholders about how the needs of the population are best met.

Stockton Borough Council Public Health was responsible for the commissioning of non-specialist prevention and treatment services for obesity. It was proposed that a review of provision and need in Stockton on Tees was undertaken in order to inform an obesity action plan for implementation by Public Health and other partners in the borough.

The rising trend in obesity was one of the biggest threats to the health of the population of Stockton-on-Tees. The prevalence of obesity in Stockton-on-Tees was significantly higher than the national average for both adults and children. The trend of weight problems in children and young people was of particular concern because of evidence suggesting a 'conveyor belt' effect in which excess weight in childhood continues into adulthood (Department of Health, 2008). In addition to the increased health risks in later life, children and young people face immediate health and psychological consequences of obesity including increased risks for elevated blood pressure and type 2 diabetes, low self-esteem, anxiety and depression.

In addressing obesity, the social and health benefits to the individual and communities were clear. Additionally, a 2006 obesity review article made a clear and strong economic argument for coordinated and cross organisational approach to tackling obesity:-

"It is clear that the financial costs of obesity are high and rising rapidly as the prevalence of obesity increases. We have argued that the costs are probably much higher than previously thought because of significant employment effects associated with obesity. Making precise or comprehensive estimates of the costs is difficult but they certainly amount to many billions of pounds per year. Healthcare costs are a minority of the total costs associated with obesity, which underlines the need for co-ordinated action that extends beyond the NHS in tackling obesity."

The Stockton on Tees Obesity Review would use Prince2 project management methodology to complete a programme of work. This project would:-

* Identify the current & future impact of obesity on people living in the borough of Stockton on Tees

* Improve and expand the detail and quality of information in the Joint Strategic Needs Assessment, reflecting greater preventative information, current themes and practice and provide information from a public consultation which is currently a gap.

* Recommend commissioning actions for the prevention & treatment of obesity through review of existing services, review of the national and local evidence and through evidence gathered by public consultation

* Identify and propose commissioning options that will result in the provision of fit for purpose non specialist obesity pathway that fully aligns with specialist provision provided by commissioning colleagues within the NHS. These options may include, but are not limited to:-

- unilateral commissioning;
- joint commissioning;
- market testing;
- procurement;
- service / pathway development;

* Ensure that the pathway commissioned by Public Health is fully and seamlessly aligned with other tiers and commissioned services

* Ensure a contract and approved service specification are in place with a provider organisation delivering from the 1st April 2015

* Evidence that commissioning actions have made a contribution to fulfilling the commitment made within the Joint Health & Wellbeing Strategy 2012-2018 to:-

- Improve the rates of childhood obesity
- Reduce levels of obesity

The current services commissioned by Public Health and directly included in this review were:-

- * More Life – Children & Young Persons Weight Management Service
- * Lite 4 Life – Adult Weight Management Service
- * Health Trainer Service

The proposed timescale for the project was attached to the report.

The Chair detailed the latest obesity figures for the Stockton Borough. The figures indicated that the Borough was slightly above the national average and 1% down from last year.

Members discussed the report and made the following comments:-

- Early intervention is key to help the problem
- National data is showing links between deprivation and obesity

- A comprehensive review of current provision and pathways is needed
- Funding comes from different areas and needs to be looked at
- Radical action is needed
- Children with special needs will be considered in with the review
- Health Visitors should be considered in with the review

RESOLVED that:-

1. The programme of work described in the report be noted and approved.
2. The group acts as project sponsor and mandates the work.
3. The group accept update reports on a regular basis.
4. The group will receive final commissioning recommendations and provide a steer for Public Health to secure appropriate provision of non- specialist prevention and treatment services for obesity.

**CHW
48/13** **Commissioning Intentions**

Members were informed that this issue would be considered at a future meeting. CCG and social care colleagues were requested to bring commissioning intentions for discussion at the January meeting, following presentation of Public Health commissioning intentions at a previous meeting.

RESOLVED that:-

1. CCG and social care to identify potential commissioning intentions, particularly those relevant to the joint commissioning agenda, and bring to the January meeting for discussion.

**CHW
49/13** **Exclusion of the Public**

RESOLVED that under Section 100A(4) of the Local Government Act 1972 the public be excluded from the meeting for the following items of business on the grounds that it involved the likely disclosure of exempt information as defined in paragraphs 1 and 2 of Part 1 of Schedule 12A of the Act.

**CHW
50/13** **School Nursing**

Consideration was given to a report on the outcomes of the consultation and review of the school nursing service in the context of the Healthy Child pathways.

RESOLVED that:-

1. The recommendation for future service development as detailed in the report be agreed.
2. Option C be the preferred option.

**CHW
51/13** **Forward Plan**

Members were provided with a copy of the current Forward Plan.

RESOLVED that the Forward Plan be noted.

